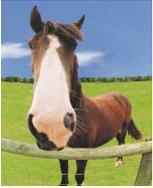


## DOSAGE



Many people give remedies to animals in their watering bowls or food. The dosage here is two drops of each selected remedy (four of *Rescue™ Remedy*) per bowl. For larger animals, such as horses, add five drops of each individual remedy and ten of *Rescue™ Remedy* to the water container.

Some animals don't drink very often, and don't take the remedies regularly enough to benefit. In this case it's better to make up a treatment bottle. To do this add two drops of each individual remedy to a 30ml bottle of water. A dose is four drops from this bottle, and you should give at least four doses a day. The treatment bottle dosage is the same for small and large animals alike.

If you are including *Rescue™ Remedy* in the treatment bottle add four drops instead of two to the treatment bottle.

There are many ways to give treatment bottle doses, so pick the one that suits you:

- Give doses directly into the mouth using a plastic dropper
- Drip doses onto the nose so the animal can lick it off
- Drip doses onto pads, paws or ears so they will be absorbed through the skin

## BACH FLOWER WORKSHOPS



Learn more about Bach Flower Remedies at two day workshops organised in venues around the country. Led by qualified trainers from The Bach Flower Institute of Australia, these workshops will help you learn how and when to use the flower remedies with confidence.

## FURTHER INFORMATION

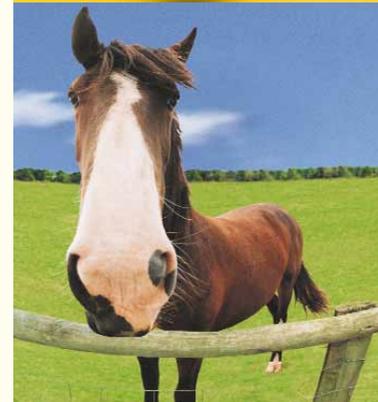


If you would like further information on using the *Bach Flower Remedies* or the details on our courses please contact:

The Bach Flower Institute of Australia Pty Ltd,  
123 Dover Street,  
Richmond VIC 3121  
Tel: 1800 357 492 or (03) 9421 2033  
[www.bachremedies.com](http://www.bachremedies.com)

For customer enquiries please contact:

Martin & Pleasance Pty Ltd  
123 Dover Street,  
Richmond VIC 3121  
Tel: 1800 652 443 or (03) 9427 7422  
[www.martinandpleasance.com](http://www.martinandpleasance.com)



*Bach*<sup>™</sup>  
ORIGINAL  
FLOWER REMEDIES

WORK  
A LITTLE  
ANIMAL  
MAGIC...

*Bach*  
Original  
Flower  
Remedies  
for animals

*Bach*<sup>™</sup>  
ORIGINAL  
FLOWER REMEDIES

## ANIMALS HAVE FEELINGS TOO



Anyone who has ever had a pet will tell you what they look like and how they act. Animals have as diverse personalities as us. They learn, feel and respond in individual ways to the world they live in.

Happy and contented animals enjoy life and have fewer health problems. But because animals are individuals they also suffer from negative feelings, such as fear and loneliness and these emotions can impact on their behaviour and overall well-being.

## BACH FLOWER REMEDIES



*Bach Flower Remedies* are a collection of 38 plant and flower-based remedies discovered in the 1930s by Dr Edward Bach, a Harley Street physician.

Each Bach remedy deals with a specific negative emotion, so we can select and take one or more remedies to match our moods. They work to address everyday emotional imbalances and so help maintain our emotional and physical well-being.

The good news is they can work in exactly the same way to help our animals get over their own emotional difficulties.



## READING ANIMAL BEHAVIOUR



Selecting remedies for animals may seem daunting at first as they can't tell us exactly how they feel, but by observing and empathising with them it is possible to read their behaviour and identify their emotions.

Animals use verbal communication to some extent, but non-verbal communication is usually the best guide to how they feel. In selecting remedies for your animals keep a close watch on their body language and behaviour patterns and look for any changes according to the breed.

Look too for events and changes that might be putting your animal under stress. Is your dog frightened of children but otherwise OK? Did your cat only start spraying when you got a second cat? Careful observation will guide you to the cause of many common problems, and once you know the cause you can empathise with how the animal feels.

## USEFUL REMEDIES

Here are some of the remedies frequently used with animals.

If your animal...	Try...
Is unusually timid and shy, or frightened of strangers, loud noises etc.	Mimulus
Has suffered shock or distress, perhaps at the hands of a previous owner	Star of Bethlehem
Is full of energy, overly excitable and highly strung	Vervain
Has trouble adjusting to a period of change such as re-homing, pregnancy, or the introduction of another animal to the household	Walnut
Lacks self confidence and would rather avoid challenging situations such as competitions or mixing with other animals	Larch
Does not respond to your kind and well thought-out training routine or repeats unsuccessful behaviour patterns	Chestnut Bud

## RESCUE™ REMEDY



Rescue™ Remedy is a combination of five of the 38 *Bach Original Flower Remedies* and many people use it in times of stress or emotional upheaval. However, it can be of great benefit to animals too; whether they are traumatised, ill, about to visit the vet or even if they just seem generally under the weather. The unique formula contains Star of Bethlehem for shock, Rock Rose for terror and panic, Cherry Plum for lack of self-control, Impatiens for agitation and Clematis to counteract if stunned or confused.

*Rescue Remedy* has been used in the traditional dropper bottle by thousands of pet owners for years. It is now also available as the handy and easy-to-use Rescue™ Spray. It makes the dosage even easier anytime, anywhere – just apply two sprays onto the animal's skin. Do not spray in the eyes. Please consult a vet before use, particularly for exotic or small species.

